

STOP

PROCRASTINATING

Contents

- Regain control & get rid of Procrastination
- Overview of procrastination
- Prioritize your work
- Creating strategy
- Creation of a plan that drives us forward

What Will I Learn

- Strategy for overcoming Procrastination
- Why we procrastinate and ways to remove impulsive behavior
- Important tips for eliminating procrastination

FEE
Rs. 1000/-
Per Participant

Target Audience

- Anyone who wants to stop procrastination
- Who wants to increase productivity
- Get control over overloaded work day

Duration : 2 Hours

